

Avocado, Feta and Pomegranate Toast (Copy)

Who doesn't love toast.. especially this avocado, feta and pomegranate toast! The creamy avocado makes a lovely base and is a great way of using up any avocados that you have ripening in your fruit bowl.

🕒 Preparation 5 minutes ● Total 5 minutes 2 portions

Ingredients

or	or
2 medium slices of wholemeal bread	1/4 pomegranate, seeds
or	or
1 half of avocado, average, flesh only (75 g)	Mint leaves to garnish
or	
50 grams of feta cheese, crumbled	

Cooking method

- 1
Toast the bread to your liking. Remove the avocado flesh and mash it up with a fork, season with salt and pepper.
- 2
Divide the avocado between the 2 slices of toasted bread. Crumble the feta cheese on top and sprinkle with pomegranate seeds. Garnish with mint leaves and serve