



## Buttery Garlic Herb Chicken with Zucchini

Buttery Garlic Herb Chicken with Zucchini is a easy 30 minute meal that has tender and juicy chicken cooked in a buttery garlic herb sauce with zucchini.

This dish is cooked with fresh herbs and is incredible!

• Preparation 5 minutes • Total 25 minutes 4 portions

## Ingredients

or o

2 Tbsp of earth Balance, Original, Buttery Spread 1 teaspoon fresh thyme, chopped

or or

4 garlic cloves, minced 11b of boneless skinless chicken thighs (or breasts)

Or Oil

¼ cup freshly chopped oregano salt and pepper

or c

1 teaspoon fresh rosemary, chopped 4 medium zucchini, includes skin

## **Cooking method**

1

In a medium sized skillet over medium high heat add the butter until melted. Add the garlic, oregano, rosemary and thyme. Add the chicken and cook for 3-4 minutes on each side or until chicken is no longer pink and 165 degrees. Remove chicken and set aside on plate.

2

Add the zucchini to the pan and salt and pepper. Saute for 2-3 minutes or until tender. Add chicken back to the pan for a minute or so and serve.