



KETO CELERY LEMONADE

INGREDIENTS

- 50 grams of lemon juice, raw
- 2 sticks of celery, raw (60 g)
- 5 leaves of basil, fresh (3 g)
- 1 pub bottle of tonic water (110 g)
- 1 package of sweetener, herbal extract powder from Stevia leaf (1 g)
- 5 pieces ice cubes

COOKING METHOD

- 1° Blend all & enjoy

NUTRITIONAL INFORMATION

	PER 100 g	% DRI
ENERGY	19 kcal	1 %
FAT	0 g	0 %
FATTY ACIDS, TOTAL SATURATED	0 g	0 %
CHOLESTEROL	0 mg	0 %
SODIUM	19 mg	1 %
CARBOHYDRATE	6 g	2 %
SUGARS	4 g	—
FIBER	0 g	0 %
PROTEIN	0 g	—