

Summer Skillet Vegetable & Egg Scramble

Don't toss out those almost-past-their-prime vegetables and fresh herbs. Nearly any vegetable will work in this easy skillet recipe, so choose your favorites or use what you have on hand.

• Preparation 30 minutes • Total 30 minutes 4 Cups

Ingredients

or 2 tablespoons olive oil 1 teaspoon minced fresh herbs, such as rosemary or thyme or or 12 ounces baby potatoes, thinly sliced 6 large eggs (or 4 large eggs plus 4 egg whites), lightly beaten or or 4 cups thinly sliced vegetables, such as mushrooms, bell peppers, and/or zucchini (14 oz.) or or 2 cups packed leafy greens, such as baby spinach or baby kale (2 oz.) or

Cooking method

½ teaspoon salt

1

Heat oil in a large cast-iron or nonstick skillet over medium heat. Add potatoes; cover and cook, stirring several times, until they begin to soften, about 8 minutes.

2

Add sliced vegetables and scallion whites; cook uncovered, stirring occasionally, until the vegetables are tender and lightly browned, 8 to 10 minutes. Stir in herbs. Move the vegetable mixture to the perimeter of the pan.

3

Reduce heat to medium-low. Add eggs and scallion greens to the center of the pan. Cook, stirring, until the eggs are softly scrambled, about 2 minutes.

4

Stir leafy greens into the eggs. Remove from heat and stir to combine well. Stir in salt.

5

Serving Size: 11/2 Cups